



WATCH

November
Nov 11-15 2019

MONDAY Nov 11 – Remembrance Day

SCHOOL CLOSED

TUESDAY Nov 12 – Day 1 - FLEX

SCHOOL WIDE ASSEMBLY “REACHOUT” DURING FLEX LUNCH

- Math Contest Club (3018)
- African Relief Club (3003)
- GSA Club (2166)
- Science Fair Club (3154)
- Financial Awards Workshop (2154)

AFTER SCHOOL

- Cheer Practice 3:00-4:30pm
- Rhythm & Blues 3:00pm

WEDNESDAY Nov 13 - Day 2

LUNCH

- Math Center (3018)
- Teacher 1 team Volleyball game (GYM)

AFTER SCHOOL

- Weight Room Open until 4:00pm
- Rock Band 3:00pm

THURSDAY Nov 14 - Day 1 - FLEX

LUNCH

- Anime Club (3008)
- Aboriginal Students Club (1010)
- Christian Students United (3013)
- Financial Awards Workshop (2154)

AFTER SCHOOL

- D & D Club (3008)
- Cheer Practice 3:00-4:30pm

FRIDAY Nov 15 – Day 2

ROCK YOUR MOCS

LUNCH

- Photo Club (1126)
- Make & Do Things Club (1128)

AFTER SCHOOL





WATCH Cont...

GRAD PHOTOS

Grad Photos can be booked now! Please go to <https://booknow.appointment-plus.com/1n710yt0/> to book your session. There will be a \$10 sitting fee unless you are only sitting for the yearbook, then its FREE!

CAREER CENTRE

Visit the [career centre tab](#) for updates and announcements from Mrs. Soltys. Financial Awards Workshops at lunchtime in room 2154, November 12th, 14th & 19th

CAFETERIA MENU

Visit the [cafeteria](#) page of our school website to view the updated menu.

BUY YOUR YEARBOOK

Yearbooks are on sale for \$45, buy your copy before it is to late! In January yearbooks go up to \$55 <https://www.studentquickpay.com/sd33/>

GRAD QUOTE & BABY PHOTOS

Visit the [Grad section](#) of the website to submit your yearbook quote and baby photo. Due November 22nd

STORM ATHLETICS

Want to know when games are happening? Check out the [Chilliwack Storm Athletics calendar](#)

COMPASS STUDY

Our school will be participating in the 2019-2020 COMPASS Survey. Researchers from the University of British Columbia will ask students to complete a 35-minute questionnaire about healthy eating, physical activity, sedentary behaviour, smoking, alcohol and drug-use, mental health and bullying. The survey is confidential and no names are written on the surveys. More information on 3rd page of this newsletter! If you do not wish your child to participate, please call the COMPASS Data Collection Coordinator, Katie Weatherson, at 1-877-744-4940 or contact Jessica Adams-Loupret at the school office by November 25th. Consent will be assumed unless you notify us otherwise.

CSS BREAKFAST CLUB

CSS Breakfast Club offers a quick snack prior to the first bell every day! All students welcome in room 1010



GRAD CRUISE

Tickets are on sale now at the office! Permission slips are required for this event. The cost is \$75.00 and will take place on November 22nd. <https://css.sd33.bc.ca/node/365>



Email to Inform Parents of the COMPASS Study

Investigator(s):

Principal Investigator: Dr. Guy Faulkner, (604) 822 2990

Research Coordinator: Katie Weatherson, (604) 822 4940

Who is funding this study?

The study is being funded by Health Canada.

Description of the Research:

Our school will be participating in the 2019-2020 COMPASS Survey. Researchers from the University of British Columbia will ask students to complete a 35-minute questionnaire about healthy eating, physical activity, sedentary behaviour, smoking, alcohol and drug-use, mental health and bullying. The survey is confidential and no names are written on the surveys. This means that the name of your child will not be linked with their survey responses. The surveys will be stored at the University of Waterloo and only research staff will have access to the completed surveys. Both the school district and our school have given approval to conduct the study.

Risks/Benefits to Participating:

There are no known or anticipated risks to participation in this survey. The survey responses will help researchers gather details about youth health, and this information will be shared with our school to help improve school policies and practices related to health.

Participation:

On November 26th, students in grades 9 to 12 with parental permission, and who themselves agree to participate, will be asked to take part in the survey. Students are free to withdraw from the survey at any time, without penalty. Those who choose not to participate may work quietly on classroom assignments.

If you do not wish your child to participate, please call the COMPASS Data Collection Coordinator, Katie Weatherson, at 1-877-744-4940 or contact Jessica Adams-Louporet at the school office by November 25th. Consent will be assumed unless you notify us otherwise.

To view a copy of the survey questions or for more information about the COMPASS project, please visit www.compass.uwaterloo.ca.

Questions about the Research:

If you have any general questions about the study, please contact Professor/Principal Investigator Dr. Guy Faulkner in the School of Kinesiology at guy.faulkner@ubc.ca or (604) 822 2990. If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact the Research Participant Complaint Line in the UBC Office of Research Ethics at 604-822-8598 or if long distance e-mail RSIL@ors.ubc.ca or call toll free 1-877-822-8598.



BALANCE YOUR LIFE

**Join us for our 2nd Annual
MENTAL HEALTH SUMMIT**

November 20, 2019

Tzeachten Hall 9:00am-3:00pm

Lunch Provided

**For more information please see
Jessica Adams-Louporet or Martin Armstrong**



Report Cards will be posted on Friday, Nov 8, 2019

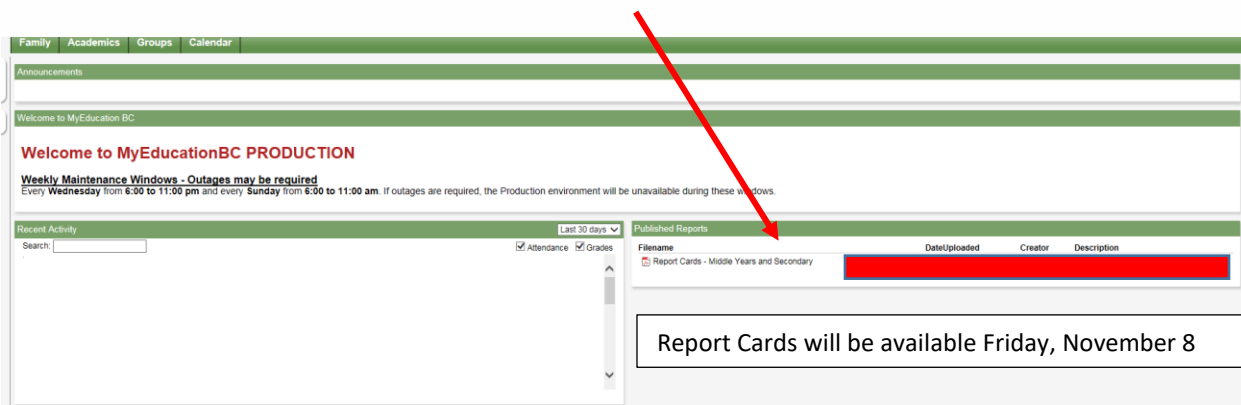
Dear Parent/Guardian:

Most of you are familiar with our online reporting process where you can view or print report cards using your parent login and password. If you have already set your password, it remains unchanged. You can log into the system as you normally would.

If you have not accessed MyEd in the past, please review the process for setting up the parent portal below and remember to use a laptop or desktop computer the first time you access the system.

Instruction to setup your parent portal or change your password:

1. Go to www.myeducation.gov.bc.ca/aspn
2. Login: 33parentfirstname_parentlastname **ex: 33john_smith**
3. Password: Is whatever you have set.
 - If you have forgotten your password; request a reset through the link on the bottom of the login screen. *IF* that does not work, complete the link on our website <https://css.sd33.bc.ca/form/parent-myed-password-reset>
 - If you have **never** created an account or set up your account complete the link on our website <https://css.sd33.bc.ca/form/parent-myed-password-reset>
4. Once you receive an email; login with username and password provided. You will then be required to change your password, please note the “password requirements” listed on the screen. Remember you need to use a computer or lap top the first time you access the system. After it is set, you may use a mobile device to access the account.
5. Find the **Published Reports Box** (bottom right). Your student’s report card is available in pdf format - double click on it to view the **“REPORT CARD”**.



We hope that this will provide you with easy and fast access to your student’s Report Card. If you have any questions regarding your students' progress please contact the teacher directly.

Sincerely,

Brian Fehlauer
Principal