



**A**chievement

**C**ommunity

**I**ntegrity **I**nclusivity

**R**espect **R**esponsibility **R**esiliency

# BUILDING THE LEGACY

Chilliwack Secondary School

**Return to School Plan**

September 2020



## 2020-21 SCHOOL YEAR

Chilliwack Secondary looks forward to welcoming students for a safe start of the 2020-2021 school year.

The BC Ministry of Education directed that secondary schools will reopen in September with a return to full-time, in-class learning with enhanced safety measures. The **Chilliwack Secondary Return to School Plan** will provide a safe launch to the upcoming school year and reduce the opportunities for transmission of COVID-19. This plan incorporates the most current information from the BC Ministry of Education, Ministry of Health, and ongoing consultation with the Chilliwack School District.

Our plan is a multi-layered approach with various safety measures to mitigate opportunities for the transmission of COVID-19. The implementation is a shared responsibility between Chilliwack Secondary staff, Chilliwack School District, Fraser Health Authority, family households and our students. By collectively implementing the plan, our schools will be safe for our students and staff.

Student and staff safety are the top priorities for Chilliwack Secondary School. As we begin the 2020-2021 school year, we are prepared to respond to changes, as necessary, based on directions from the Ministry of Education, BC Medical Health Officers and the Chilliwack School District. We understand that some families may have further questions after reading the plan outlined in this document. Chilliwack Secondary will continue to provide updates and communicate with parents/guardians as per the typical means of communication. Should you have specific questions about your child, please contact our Administration via email or phone at (604) 604-795-7295.

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The most up to date information will be available on the Chilliwack Secondary website at:

<https://chilliwacksecondary.sd33.bc.ca/home>

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**Chilliwack School District Student Daily Health Check**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Date: \_\_\_\_\_ School: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

1. Symptoms of illness\*

Does your child have any of the following symptoms?	CIRCLE ONE
Fever	YES NO
Chills	YES NO
Cough or worsening of chronic cough	YES NO
Shortness of breath	YES NO
Sore throat	YES NO
Runny nose / stuffy nose	YES NO
Loss of sense of smell or taste	YES NO
Headache	YES NO
Fatigue	YES NO
Diarrhea	YES NO
Loss of appetite	YES NO
Nausea and vomiting	YES NO
Muscle aches	YES NO
Conjunctivitis (pink eye)	YES NO
Dizziness, confusion	YES NO
Abdominal pain	YES NO
Skin rashes or discoloration of fingers or toes	YES NO

2. International Travel  
 Have you or anyone in your household returned from travel outside Canada in the last 14 days? YES NO

3. Confirmed Contact  
 Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID-19? YES NO

\* If your child answered "YES" to any of the questions and the symptoms are not related to a pre-existing condition (e.g. allergies) they should NOT come into school. Notify the school office of the absence and if you are experiencing any symptoms of illness, contact a health-care provider for further assessment. This includes B.C. 1-800-665-1111, or a primary care provider like a physician or nurse practitioner.  
 If you answered "YES" to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should be tested for COVID-19.

## STUDENT SCREENING

Parents/guardians are required to assess their children daily and disclose whether they are experiencing any signs of illness and are expected to keep them home if they are. **Parents/guardians are asked to utilize this [screening check-list](#) prior to sending their student(s) each day.**

All students who are experiencing symptoms consistent with COVID-19 must not attend school and should seek appropriate medical attention as required, including getting tested at a COVID-19 testing centre.

Staff members will be provided with information on signs and symptoms of COVID-19 in students so that appropriate action can be taken if students develop symptoms during the day. Students feeling sick should remain at home while waiting for test results, Fraser Health authorities will advise on individual return to school conditions and timelines for students. Signs prompting self-assessment screening will be posted on the exterior doors and throughout our school.

## LEARNING GROUPS AND PHYSICAL DISTANCING

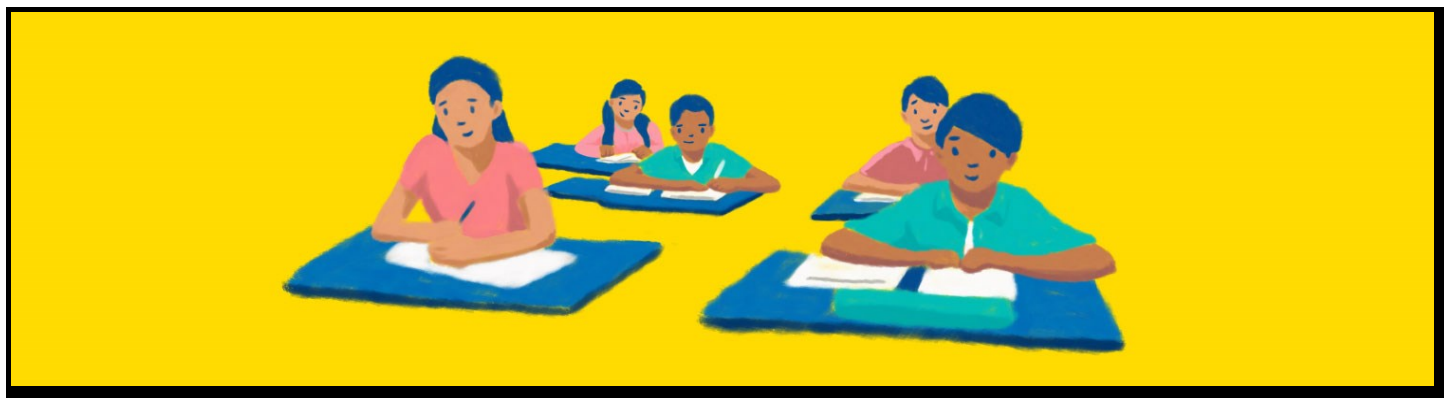
Reducing the number of close in-person interactions and individual has in a day continues to be a key component of B.C.'s strategy to prevent the spread of COVID-19. This can be accomplished in K-12 settings through two different but complementary approaches: Learning Groups (Cohorts) and Physical Distancing. Learning groups are a recommended public health measure to help reduce the risk of transmission of COVID-19. Organizing students and staff into learning groups helps reduce the number of different interactions and potential exposure to COVID-19 and supports better contact tracing if there is a confirmed case in a school community. The learning groups at Chilliwack Secondary are 30 or less.

### Learning Groups

A learning group is a group of students and staff who remain together throughout a school octet and who primarily interact with each other. A learning group could be made up of a single class of students with their teachers, multiple classes that sometimes join for additional learning activities, or a group of secondary school students with the same courses.

**In Stage 2**, members of the same learning group must minimize physical contact.

The learning groups at Chilliwack Secondary are 30 or less.



## Interacting with Learning Groups

We will minimize the number of adults (staff and others) who interact with learning groups they are not a part of as much as possible while continuing to support learning and a positive, healthy and safe environment. Those outside of a learning group must practice physical distancing when interacting with the learning group. For example, an itinerant educator (e.g. a teacher teaching on call, an Indigenous support worker, a teacher candidate, a district specialist) can teach/support multiple learning groups but should maintain physical distance from students and other staff as much as possible.

During break times (e.g. lunch and afterschool), students may want to socialize with peers in different learning groups. Students are expected to physically distance when interacting with other students who are outside their learning cohort. When interacting with peers outside of their learning group, students are expected to maintain physical distance.



## STUDENTS AND MASKS

Non-medical masks are required to be used in situations where a person cannot maintain physical distance and is in close proximity to a person outside of their learning group or household. Students will have a choice to wear a mask in their cohort classroom. Outdoor times like lunchtime can be used as opportunities to provide students with breaks from wearing masks as long as the students remain within their cohorts.

Students are encouraged to practice wearing masks and learn what type of mask is most comfortable for them. Parents/guardians are encouraged to provide non-medical masks or cloth masks for their children to wear to school.

Chilliwack Secondary will provide two re-usable backup non-medical mask for students who do not have their own. **Face coverings that provide a tight seal at the chin and nose and cover the mouth are permitted, whereas face coverings that do not provide a tight seal at the chin and nose and cover the mouth are not permitted (a bandana for example).** For some students with significant medical conditions, wearing a mask may be problematic. **A medical note will be required for a student to be exempt from wearing a mask.** Where masks are worn, students and staff will be instructed to perform hand hygiene before putting on and after touching or removing their mask.

## CLEANING

Cleaning protocols will be enhanced as a method of reducing the likelihood of transmission of COVID-19. Additional temporary custodial staff will be hired for the duration of the pandemic and will be responsible for enhanced cleaning protocols that align with BC Ministry of Education School Reopening Guidelines.

All of our custodial teams will follow infection control procedures provided by WorkSafeBC and the B.C. Centre for Disease Control to ensure our buildings are safe and sanitized. Enhanced cleaning practices include:

- purchasing provincially recommended COVID-19 cleaning supplies;
- additional training for custodial staff;
- general cleaning and disinfecting of school district sites at least once every 24 hours
- frequently cleaning and disinfecting high-touch surfaces (like doorknobs, light switches, desks, etc.) at least twice every 24 hours;
- more frequent cleaning and disinfecting throughout the school day, with specific attention to washrooms, high-traffic areas and classrooms.

## HYGIENE

Proper hand hygiene is one of the most effective strategies to prevent the spread of most respiratory viruses including COVID-19.

Students and staff will be encouraged to wash their hands regularly, practice proper respiratory etiquette (such as sneezing into their elbow) and avoid touching their face, eyes, nose and mouth. Regularly scheduled hand hygiene breaks will be incorporated into the school's routine. Hand sanitizer will be available at entrances, exits and in classrooms. Additionally, sinks with soap and water are available. Signage will be placed at all sinks in schools to explain the steps for effective hand washing.

### When students should perform hand hygiene:

- When they arrive at school
- Before and after any breaks
- Before and after eating and drinking
- Before and after using indoor learning space used by multiple cohorts
- After using the toilet
- After sneezing or coughing into hands
- Whenever hands are visibly dirty



## PARENT/GUARDIAN ACCESS

Parents/Guardians can stay in contact with Chilliwack Secondary staff through our school website, email, phone and online meetings via Microsoft Teams or Zoom. Parent/Guardian 'walk-ins' are not permitted at this time. Parents/guardians who are contacted to pick up a sick child can attend the school site immediately. If the person picking up the student is required to enter the building, they must follow the school district's Daily Health Assessment and a mask must be worn.

## VISITORS

Visitors & District Staff that benefit student learning and well-being (e.g. Teachers on Call, teacher candidates, District support staff, public health nurses, meal program volunteers, etc). will be permitted in Chilliwack Secondary with the following requirements:

- a pre-scheduled time is arranged
- Visitors/District Staff must be aware of health and safety protocols and requirements prior to entering the school.
- Visitors/District Staff completed the daily health check before entering.
- Visitors/District Staff must sign the visitor log.
- Visitors/District Staff will be required to wear a mask.

Individuals authorized to enter the school include Canada Post, delivery and maintenance personnel who support the running of the school, district personnel and emergency responders. These people will only enter the school if the school's Daily Health Assessment indicates they are safe and have no symptoms. They must also sign the school's COVID-19 visitor log. Individuals entering the school will be requested to wear a mask.

## SUSPECTED CASES AND POSITIVE TEST RESULTS

Extra health and safety measures, like handwashing, cohorts, daily health screens, increased cleaning, and masks, will reduce the spread of COVID-19 and help keep our schools safe. Positive COVID-19 cases are only confirmed by official public health authorities, in our case, the Fraser Health Authority.

**If a student shows any COVID-19 symptoms at school where confirmed case has been identified,** there are safety protocols in place to protect students and staff:

- The child waits in an isolated room;
- The school contacts parents/guardians to take the child home;
- Staff clean and disinfect exposure areas; and
- School district notifies public health officials.

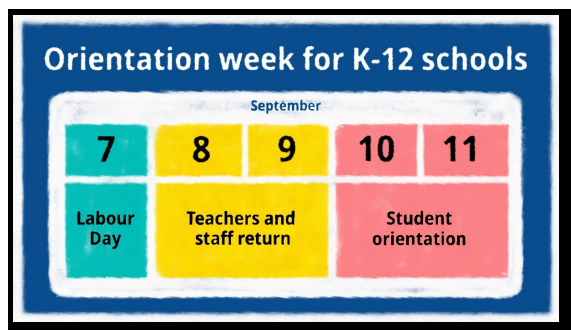
**If a positive case occurs,** the Fraser Health Authority will:

- Contact trace to identify potential COVID-19 exposures;
- May recommend testing;
- May recommend 14-day isolation if necessary;
- Get in touch with close contacts; and
- Provide follow-up recommendations as needed, which may include suspending in- class learning.

Parents will be notified if their child has been in contact with a COVID-positive person and needs to self-isolate. Students will receive learning support while self-isolating.

## SCHOOL YEAR START DATES

All students will begin classes on **Thursday, September 10<sup>th</sup>** for a partial day with dismissal at 11:00am



**8:27 am-** Students will attend their first block (octet), and receive training around COVID-19 Health and Safety measures.

**11:00 am- Dismissal.** School busses will pick up students at 11:00. All students are encouraged to leave the school at this time. Clearing the school in a timely manner is important for our custodial team to start the daily cleaning process

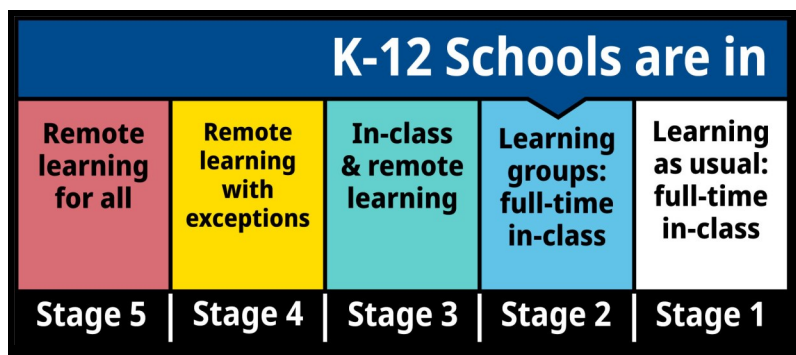
**Friday Sept. 11th** (regular day of instruction) Students will attend their first block (octet), and begin regular instruction. This course will be the first octet that students will attend for 21 days. Once the first octet begins course changes will not be permitted so as not to disrupt learning groups. Course changes can be made for future octets.

**LINK program** – our LINK program helps familiarize grade 9 students with high school and helps in their transition from middle school. Our LINK program will continue in a limited format this year with each grade 9 being linked to an older Leadership mentor who can be counted on to help the grade 9 student.

## MINISTRY OF EDUCATION

Chilliwack Secondary and the Chilliwack School District follows guidelines set by the Ministry of Education, the Ministry of Health and the Provincial Health Officer, Dr. Bonnie Henry. These parameters guide the development of our educational programs and

continuity of learning plans during COVID-19. The graphic below displays the Ministry of Education's phased approach of instruction, with various stages of school density targets.



**The province has decided that students will return to school in September 2020 under Stage 2 of the provincial K-12 Restart Plan.**

## SCHOOL ARRIVALS AND AREAS

Student timetables are available for viewing on MyEdBC and will also be posted outside the front entrance of the school on Thursday, September 10<sup>th</sup>. Upon arrival at Chilliwack Secondary on the morning of September 10<sup>th</sup>, students will need to know what AREA their classroom is located in, enter the corresponding exterior doors of the school and go directly to their classroom. Students will not be able to access lockers and will need to keep items in a backpack while at school. **Students must be wearing masks to enter the school and wear them in all hallways and common areas.**

<b>Area A</b> Rooms 1010, 1107, 1109, 1121, 1122, 1126, 1128, 1129, 1131, GYM, mini gym	<b>Area B</b> Rooms 1164, 1166, 1170, 1171, 1172, 1173, 1174, 1180, 1182, 1184	<b>Area C</b> Rooms 2001, 2003, 2005, 2006, 2007, 2008, 2009, 2010, 2012, 2014, 2018
<b>Area D</b> Library, Rooms 2154, 2159, 2160, 2162, 2163, 2164, 2166, 2168, 2170, 2175, 2177, 2179	<b>Area E</b> Rooms 3002, 3003, 3004, 3006, 3007, 3008, 3009, 3010, 3011, 3013, 3014 3015, 3016, 3017, 3018, 3020	<b>Area F</b> Rooms 3152, 3154, 3156, 3158, 3160, 3162, 3169, 3171

### Sections (For Entrances):

#### First Floor:

A: Classes located in the Gym and West of the Gym will use the Fine Arts door or the front door.  
B: Classes located East of the Gym will use the or the Side door by Staff parking lot or back door by the mini gym.

#### Second Floor:

C: Classes located West of the main stairs (use the Front door and main staircase)  
D: Classes located in the Library or East of the Library (use the mini gym door) and side door the staff parking lot, and then up the stairs)

#### Third Floor:

E: Classes located West of the main stairs (Rooms 3002 – 3011) use Courtyard entrance and up NLC stairs) DO NOT ENTER THE NLC  
F: Classes located East of the main stairs use the Side door by the bike lock up and up the stairs

## 1 BLOCK (OCTET) SCHEDULE

Chilliwack students will be in school full time five days per week using a **1 Block Schedule (octet system)** initially for the 2020–2021 school year. This means the school year will be divided into eight time periods or learning octets. Students will take one course for 5 weeks, 21 consecutive days. Using this system allows for a move to a Copernican (2 classes per day) system or a semester system (4 classes per day) depending on stage designated by the Ministry of Education. The one Block (Octet) Schedule consists of a focused calendar where students take one class at a time rather than 4-8 academic courses concurrently in a traditional semester or linear schedule.

### The 1 Block (Octet) Schedule Basics

- A block lasts for five weeks or roughly 22 consecutive days.
- One block is equal to one class on the semester plan.
- Students will take four blocks per semester similar to the semester schedule.
- Each day will begin with a 24 minute FLEX period.
- There is an opportunity for applicable labs or project-based learning in the afternoon; however, teachers have the ability to schedule classes in the format they feel is most suited to the subject matter.

CHILLIWACK SECONDARY SCHOOL 8 TERM SCHEDULE 2020 – 2021	
<b>Block (Octet) 1 – Thursday, Sept. 10 to Friday, Oct. 9.</b>	Term 22 Days
<b>Block (Octet) 2 – Tuesday, Oct. 13 to Friday, Nov. 13.</b>	Term 22 Days
<b>Block (Octet) 3 – Tuesday, Nov. 17 to Wednesday, Dec. 16.</b>	Term 21 Days
<b>Block (Octet) 4 – Thursday, Dec. 17 to Friday, January 29.</b>	Term 22 Days
<b>Block (Octet) 5 – Monday, Feb. 1 to Wednesday, March 3.</b>	Term 21 Days
<b>Block (Octet) 6 – Thursday, March 4 to Tuesday, April 20.</b>	Term 22 Days
<b>Block (Octet) 7 – Wednesday, April 21 to Thursday, May 20.</b>	Term 21 Days
<b>Block (Octet) 8 – Tuesday, May 25 to Wednesday, June 23.</b>	Term 22 Days

Octet Terms and Corresponding Semester and Linear Periods							
Octet 1	Octet 2	Octet 3	Octet 4	Octet 5	Octet 6	Octet 7	Octet 8
Semester 1	Semester 1	Semester 1	Semester 1	Semester 2	Semester 2	Semester 2	Semester 2
Period 1	Period 2	Period 3	Period 4	Period 1	Period 2	Period 3	Period 4
Linear Day 1	Linear Day 1	Linear Day 1	Linear Day 1	Linear Day 2	Linear Day 2	Linear Day 2	Linear Day 2
Period 1	Period 2	Period 3	Period 4	Period 1	Period 2	Period 3	Period 4
Sept. 10 to Oct. 9	Oct. 13 to Nov. 13	Nov. 17 to Dec. 16	Dec. 17 to Jan. 29	Feb. 1 to March 3	March 4 to April 20	April 21 to May 20	May 25 to June 23
22 Days	22 Days	21 Days	22 Days	21 Days	22 Days	21 Days	22 Days

## **QUESTIONS AND ANSWERS**

### **Will students be limited in their course selections?**

By adopting the 1 Block Schedule, CSS will be able to continue to offer 100% of course offerings to all students in grades 9-12. Alternatively, moving to a 120-grouping structure in the traditional semester or quarter system would reduce the number of course offerings with most students not able to get into desired electives OR some required electives for post-secondary programs.

### **How will students and staff transition through varying stages should they change?**

Regardless of what occurs with the COVID19 Pandemic, students and staff are only required to focus on one course. If a second wave occurs, the transition to a hybrid model of in-class instruction/online, or one hundred percent online, the transition and disruption will be less significant than both semester and quarter schedules where multiple courses and processes for continued learning would be required.

### **How will the 1 Block schedule assist with new and vulnerable students?**

By taking one class at a time, student's time will be spent learning deeply on a singular focused subject with extended access to ongoing teacher support. Teachers and students will have the opportunity to quickly develop a strong relationship due to the small teacher/student contact ratio. Utilizing the 1 Block structure, teachers will be responsible for an average of 28 students at a time and will be able to closely monitor students who are struggling or experiencing adversity.

### **How will Learning Assistance be provided to assist and support students?**

Learning Assistance will be provided by utilizing a blended model of push-in (support occurring in the classroom) and a pull-out (support in the LA classroom) depending on the subject matter, the structure of the class and the needs of the student.

### **If a COVID19 outbreak occurs, how does the 1 Block schedule assist in reducing the spread?**

Should a COVID19 outbreak occur, contact tracing and identifying possible affected students & staff will be significantly quicker and more efficient. Students and staff in-class contact will be up to 80% less than the semester and quarter schedules.

### **How will FLEX be offered in the 1 Block Schedule?**

FLEX will be offered for 24 minutes each morning. PLEASE NOTE: FLEX assignments will be offered as a part of the final mark for FLEX.

## BELL SCHEDULE PER FLOOR

Phase 2 Instructional Schedule				
Floor 1- Area A & B				
Monday	Tuesday	Wednesday	Thursday	Friday
Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)
Morning (113 min) 8:51 – 10:44	Morning (113 min) 8:51 – 10:44	Morning (113 min) 8:51 – 10:44	Morning (113 min) 8:51 – 10:44	Morning (113 min) 8:51 – 10:44
Lunch (36 min) 10:44 – 11:20	Lunch (36 min) 10:44 – 11:20	Lunch (36 min) 10:44 – 11:20	Lunch (36 min) 10:44 – 11:20	Lunch (36 min) 10:44 – 11:20
Afternoon (157min) 11:20 - 1:57	Afternoon (157min) 11:20 – 1:57	Afternoon (157min) 11:20 – 1:57	Afternoon (157min) 11:20 – 1:57	Afternoon (157min) 11:20 – 1:57
Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40

Phase 2 Instructional Schedule				
Floor 2 – Area C & D				
Monday	Tuesday	Wednesday	Thursday	Friday
Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 – 8:51)
Morning (185 min) 8:51 - 11:56	Morning (185 min) 8:51 - 11:56	Morning (185 min) 8:51 - 11:56	Morning (185 min) 8:51 - 11:56	Morning (185 min) 8:51 - 11:56
Lunch (36 min) 11:56 – 12:32	Lunch (36 min) 11:56 – 12:32	Lunch (36 min) 11:56 – 12:32	Lunch (36 min) 11:56 – 12:32	Lunch (36 min) 11:56 – 12:32
Afternoon (85min) 12:32 – 1:57	Afternoon (85min) 12:32 – 1:57	Afternoon (85min) 12:32 – 1:57	Afternoon (85min) 12:32 – 1:57	Afternoon (85min) 11:51 - 2:26
Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40

## Phase 2 Instructional Schedule September

### Floor 3- Area E & F

Monday	Tuesday	Wednesday	Thursday	Friday
Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)	Flex (24 min) (8:27 - 8:51)
Morning (149 min) 8:51 - 11:20	Morning (149 min) 8:51 - 11:20	Morning (149 min) 8:51 - 11:20	Morning (149 min) 8:51 - 11:20	Morning (149 min) 8:51 - 11:20
<b>Lunch (36 min)</b> <b>11:20 – 11:56</b>	<b>Lunch (36 min)</b> <b>11:20 – 11:56</b>	<b>Lunch (36 min)</b> <b>11:20 – 11:56</b>	<b>Lunch (36 min)</b> <b>11:20 – 11:56</b>	<b>Lunch (36 min)</b> <b>11:20 – 11:56</b>
Afternoon (121min) 11:56 - 1:57	Afternoon (121min) 11:56 - 1:57	Afternoon (121min) 11:56 - 1:57	Afternoon (121min) 11:56 - 1:57	Afternoon (121min) 11:56 - 1:57
Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40	Prep (43 min) 1:57 – 2:40



## LUNCH BREAKS

Students who are staying at school during lunch time will be encouraged to stay in their classroom or find a spot outside to eat their lunch. The use of common spaces, such as cafeterias, library, Grand Hall and the hallway of your cohort area will be available for students to eat lunch. Students will need to social distance and wear masks in these areas. Students will not be permitted in other cohort areas in the school. Students will be allowed to leave the school premises for lunch. Students should bring refillable water bottles instead of accessing drinking fountains. All students must wash/sanitize their hands before eating and must eat only their own food. Under provincial health guidelines, students are not permitted to share food or drink. **The cafeteria will be open for 'grab & go' lunch items**

## ASSESSMENT, REPORTING & COMMUNICATION

Chilliwack Secondary staff will continue to assess students throughout the school year utilizing current Ministry of Education assessment practices. Formal reporting periods will continue to occur at the end of each term and semester with informal reporting on a continual basis. Chilliwack Secondary is committed to communicating student learning to students and families. This will be done in formal and informal ways throughout the year. Chilliwack Secondary follows the guidelines of the Ministry of Education to ensure that student reporting policies are consistent with provincial expectations. These policies include expectations about interim reports as well as term and final report cards.

## MENTAL HEALTH

We know that COVID-19 is causing a lot of uncertainty for students, staff and our school communities. Mental health and well-being will be a strong focus for us. Our focus will be on reconnecting the community using a relationship-based approach to support safety, belonging, and inclusion. Our staff will be supported in providing a relationship-based perspective in all aspects of student interaction, whether in-person or online. Every student will continue to have access to supports and services to address mental health concerns through our existing referral process. School Counsellors will provide (counselling) support and facilitate referrals to community mental health services for students. To support students and families, our school district will continue to provide mental health resources that will be released in the coming days and available on our school district website – <https://sd33.bc.ca/> Parents or guardians who are concerned about their child's well-being can reach out to these community resources:

**Kid's Help Phone: 1-800-668-6868**

Call to speak to a professional counsellor -available 24 hours/day

**Health Link: 8-1-1**

**Chilliwack Youth Center** <https://chilliwackyhc.com/>

Access virtual & in-person drop-in counselling & Medical sessions and group offerings to young people ages 12-24 and their caregivers

**B.C. Parent: [Reduce Stress & Prepare for Back to School COVID-19 Resources](#)**