

Chilliwack Secondary School Learn to Figure Skate – Application Form

Learn to Figure Skate is a PE-based course focused on developing edge quality, control, balance, and artistic movement. This is NOT a learn-to-skate course. Students must already skate independently.

STUDENT INFORMATION

Name: _____ Grade (next year): _____

Student Number: _____

MINIMUM SKATING SKILL CHECKLIST

- | | |
|-----------------------------------|---------------------------------|
| ✓ Forward skating independently | ✓ Turns in both directions |
| ✓ One-foot glide (left and right) | ✓ Fall and get up independently |
| ✓ Basic stop (snowplow or T-stop) | ✓ Safe spacing & awareness |

I confirm I can perform all skills above:

Student Signature: _____

FIGURE SKATING BACKGROUND

- | | |
|---|--|
| <input type="checkbox"/> CanSkate Stage 1–3 | <input type="checkbox"/> Club training (name): _____ |
| <input type="checkbox"/> CanSkate Stage 4–6 | |
| <input type="checkbox"/> STAR 1 | <input type="checkbox"/> Public/independent skating only |
| <input type="checkbox"/> STAR 2 or higher | <input type="checkbox"/> Other: _____ |

FIGURE SKATING – SKILLS RUBRIC

Forward Glide:	Beginning / Developing / Proficient / Strong
One-Foot Balance:	Beginning / Developing / Proficient / Strong
Stopping:	Beginning / Developing / Proficient / Strong
Turning:	Beginning / Developing / Proficient / Strong
Edges:	Beginning / Developing / Proficient / Strong
Posture/Control:	Beginning / Developing / Proficient / Strong
Safety:	Beginning / Developing / Proficient / Strong

WHY DO YOU WANT TO TAKE LEARN TO FIGURE SKATE?



PARENT/GUARDIAN CONSENT

Parent Name: _____

☐ YES, I support my child's application

☐ NO

Parent Signature: _____

Date: _____

NOTE: Students must provide their own figure skates and CSA helmet (helmet may be waived for advanced skaters). There is also a fee for this course.