

Chilliwack Secondary School Learn to Figure Skate – Application Form

Learn to Figure Skate is a PE-based course focused on developing edge quality, control, balance, and artistic movement. This is NOT a learn-to-skate course. Students must already skate independently.

STUDENT INFORMATION

Name: _____ Grade (next year): _____

Student Number: _____

MINIMUM SKATING SKILL CHECKLIST

✓ Forward skating independently	✓ Turns in both directions
✓ One-foot glide (left and right)	✓ Fall and get up independently
✓ Basic stop (snowplow or T-stop)	✓ Safe spacing & awareness

I confirm I can perform all skills above:

Student Signature: _____

FIGURE SKATING BACKGROUND

CanSkate Stage 1–3
 CanSkate Stage 4–6
 STAR 1
 STAR 2 or higher

Club training (name): _____
 Public/independent skating only
 Other: _____

FIGURE SKATING – SKILLS RUBRIC

Forward Glide:	Beginning / Developing / Proficient / Strong
One-Foot Balance:	Beginning / Developing / Proficient / Strong
Stopping:	Beginning / Developing / Proficient / Strong
Turning:	Beginning / Developing / Proficient / Strong
Edges:	Beginning / Developing / Proficient / Strong
Posture/Control:	Beginning / Developing / Proficient / Strong
Safety:	Beginning / Developing / Proficient / Strong

WHY DO YOU WANT TO TAKE LEARN TO FIGURE SKATE?

